



Lesson Guide

My Identity: Understanding Who I Am

HS Grade 9 Unit 1: Lesson 1

Front of Class



Objectives:

- Identify important aspects of personal identity
- Understand that personal identities can grow and change
- Recognize how identity can affect decision-making



Lesson Notes:

- Keep students engaged during lesson by:
- Having students discuss questions with a partner
 - Keeping notes in a notebook



Vocabulary:

- Personal Identity: How a person defines themselves.



Teaching Tips:

- Build trust with students by asking for volunteers to share responses instead of calling on students at random.



Engage

Slide 1: Introduce lesson topic. Ask students what they already know about confidence.

Slide 2: Review lesson purpose and objectives.

Slide 3: Students take pre-test.

Slide 4: Poll students to gauge how well they know themselves.

Slide 5: Play the video. Then ask the students, **“What did you learn about the student by watching the video?”**



Explore

Slide 6: Review the vocabulary. Then click each tab to review the attributes that make up personal identity.

Slide 7: Prompt students to answer the collaboration question, **“Think back to your middle school self. How have you changed since starting high school?”**

Invite volunteers to share ways they have changed.



Explain

Slide 8: Review character. Then have students choose a word to complete each statement about their character.

Slide 9: Review interests. Then have students identify interests by sorting words into the appropriate category. Invite volunteers to share their interests.

Slide 10: Review Values. Then prompt the students to list their top 3 values and share why those values are important with a partner. Invite volunteers to share their values.



Slide 11: Review aspirations. Play the video. Then prompt the students to create a list of future aspirations. Invite volunteers to share their aspirations with the class. Build rapport by sharing your aspirations as well.



Elaborate Slide 12: Read each text message. Prompt students to work with a partner to decide which response matches which aspect of identity. Call on volunteers to share their answers and explain their reasoning. Give students time to answer the final prompt independently. Invite volunteers to share how they would respond.



Evaluate Slide 13: Students take post-test.
Slide 14: Review summary. Prompt students to answer the questions to reflect on their personal identities.



Extension 1: My Playlist

Slide 1: Introduce the project. Students will create a playlist that reflects their personal identity. Prompt students to answer the questions about each song.

Slide 2: Prompt students to choose one song from their playlist that best represents who they are and explain why. Optional: Invite students to share their favorite songs and compile into a class playlist.

Extension 2: Fake it Till You Make It

Slide 1: Introduce the project. Students will learn to write a letter to their middle school selves.

Play the video. Prompt students to answer the collaboration question, **“What’s more important—being popular or being true to who you are?”** Invite volunteers to share their answers and explain their reasoning.

Slide 2: Give students time to write a letter to their middle school selves. Remind students to include what they’ve learned about character, values, interests, and aspirations. Invite volunteers to read their letters.